



SCOTTISH HANDBALL
ASSOCIATION

SHA COMPETITION REGULATIONS 2023/2024



International
Handball
Federation

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SECTION 1

SENIOR LEAGUES & LEAGUE CUPS

SECTION 1 – SENIOR LEAGUES & LEAGUE CUPS

1.1 General Rules

- 1.11** All matches shall be played in accordance with the rules and regulations of the IHF (International Handball Federation), accept in the instances of National Association amendments etc.

1.2. Team Registration

- 1.21** All Clubs must submit their club registration form to Scottish Handball prior to the league commencing
- 1.22** Entry into leagues for season 2023/2024:
- Senior Men's & Women's £150 per team (exc. all hall costs, inc League Cup Entry)
 - Development £50 (exc. all hall costs)

1.3 Player Eligibility

- 1.31** All players & team officials must hold the appropriate SHA Membership no later than 23:59 the day before the match is due to take place.
- 1.32** Players must meet the minimum age requirement for their respective league.
- 1.33** Any player requiring an International Transfer Certificate (ITC) must attain this prior to participating in any SHA sanctioned competition.
- 1.34** Registered players who move clubs during the season must complete the appropriate transfer prior to playing for their new club.
- 1.35** For season 2023/24 clubs will be invoiced for their respective entry fee costs.
- 1.36** No player serving a suspension is entitled to participate as a player or match official of the club for the duration of their suspension at any SHA sanctioned competition.
- 1.37** Where clubs only have development league teams, their players may be permitted to play for another team participating in the Senior League. Where clubs only have a Senior team their players may play for another team participating in the development league. Any requests for registered players to play for another team should be sent to the SHA for approval before participation in a match.

1.4 Hosting Responsibilities:

- 1.41** In the league Teams will be required to host home matches as set within the league schedule, with all costs associated with this to be covered by the club. In the League Cup Teams will be required to host home matches as set within the league schedule, with all costs associated with this to be split between both clubs.
- 1.42** All matches are to take place on the date allocated. Exceptions can be made in exceptional circumstances if agreed by the SHA Competitions Group.
- 1.43** A regulation hall set up includes: x1 table & x2 chairs, x1 (preferably electronic) scoreboard, seating for up to 14 players per team.
- 1.44** A minimum of 20 minutes must be allowed for warm up after the completion of the hall set up.

SECTION 1 – SENIOR LEAGUES & LEAGUE CUPS

- 1.45 All halls should be 40 x 20 metres with a minimum of 1 metre run off around the court. Halls that do not meet this specification must be approved by the SHA.
- 1.46 Host Clubs are responsible for providing 2 suitable table officials (Scorekeeper and Timekeeper).
- 1.47 Host Clubs must upload the results of the match within 60 minutes of match completion to Playwaze.
- 1.48 The Match Report must be completed and uploaded to Playwaze within 24 hours of match completion.
- 1.49 All match paperwork can be accessed on Scottish Handball website here:
<https://handball.scot/members-area/match-day-resources/>

1.5 Match Day

- 1.51 Matches will be 2 x 30 minutes
- 1.52 Half Time for all matches will be 10 minutes (unless previously informed)
- 1.53 Each team will be able to request 1 team 'time-out' per half.
- 1.54 Each team must complete and sign match report at least 20 minutes prior to the arranged throw off time.
- 1.55 All matches will throw off at the arranged throw off time. If this is not possible due to late arrival, the match will commence when a minimum of 5 eligible players are at the venue.
- 1.56 First Aid / Medical treatment are the responsibility of the team.
- 1.57 Clubs are responsible for the behaviour of their own team, officials and spectators - from time of arrival of the match.

1.6 Points & League Standings :

- 1.61 Allocation of Points:
 - a. Win = 3 Points
 - b. Draw = 1 Point
 - c. Loss = 0 Points
- 1.62 League Table will be in order of the number of points accumulated by each team.
- 1.63 If 2 or more teams are tied on the same number of points their position will be decided based on the following:
 - a. The head to head results between all of the teams involved
 - b. The overall goal difference between all of the teams involved
 - c. The overall goal difference in all matches played
 - d. The total number of goals scored in all matches played
- 1.64 In the League Cup all Matches will be played to a finish on the day, in the event of a draw the result will be decided in the following way:
 - Quarter Finals:** 7 Metre Shoot out
 - Semi Finals:** Extra Time (2x5 Minutes – with 1 minute break) 7 Metre Shoot out if required.
 - Finals:** Extra Time (2x5 Minutes – 1 minute break), this will be repeated if still a draw. 7 metre shoot out to follow, if required. Sudden death shoot out to follow, if required.

The background is a vibrant orange color with a complex, abstract pattern of overlapping, semi-transparent geometric shapes. These shapes, which include various polygons and irregular forms, create a layered, textured effect. The colors range from a bright, light orange to a deeper, more saturated orange, giving the overall composition a sense of depth and movement.

SECTION 2

YOUTH LEAGUES

SECTION 2 – YOUTH LEAGUES

2.1 & 2.2 Match Day

- 2.11 Clubs will be required to entry into the leagues prior to the start of the season
- 2.12 Entry Fee into Youth Leagues is set at £100 per team
- 2.13 The Home team is responsible for providing Table Officials
- 2.14 Teams must arrive at the venue at least 20 minutes prior to their age group starting
- 2.15 All Age groups will participate as 7 v 7 Matches unless otherwise stated
- 2.16 All teams must provide a completed teamlist at least 30 minutes prior to their first match.
- 2.17 All matches will throw off at their allocated time (warm-up time on court is unlikely)
- 2.18 Home Teams will be required to upload their match results within 60 minutes of match completion to Playwaze.
- 2.19 Home Teams must upload the completed Match Report to Playwaze within 24 hours of match completion.
- 2.20 We will use our 'Referee Academy' where possible. Your club will be allocated officiating duties when this is not possible. If your club is allocated a duty, then the club is responsible for ensuring appropriate personnel are allocated to the below duties:
 - a. Referee – at least 16 years of age
- 2.21 Each team must always have a suitably qualified official(s) on their bench. If the lead coach of the team is under the age of 16, they must be accompanied by a person over the age of 16 (marked as 'Official A' on the team sheet)

2.3 Allocation of Points (League)

- 2.31 Allocation of Points:
 - a. Win = 3 Points
 - b. Draw = 1 Point
 - c. Loss = 0 Points
- 2.32 League Table will be in order of the number of points accumulated by each team.
- 2.33 If 2 or more teams are tied on the same number of points their position will be decided based on the following:
 - a. The head to head results between all of the teams involved
 - b. The overall goal difference between all of the teams involved
 - c. The overall goal difference in all matches played
 - d. The total number of goals scored in all matches played

2.4 Allocation of Points (Tournament)

- 2.41 Points will be allocated based on the number of teams entered and when you finished in that round. i.e., 10 teams - the top team gets 10 points with the bottom team getting 1 point. This will be done using the maximum number of teams who took part in any one round i.e., 12 teams entered in round 3 then rounds 1 and 2 would be adjusted to reflect this.

SECTION 2 – YOUTH LEAGUES

2.5 Age Group Regulations

		Age Groups				
		08/09		10/11		12/13 (Minis)
		Female	Male	Female	Male	Mixed
Regulations	Court Size	40x20m Minimum requirement; no smaller than 34x19m			20x18m	
	Match Length	50 minute match, 2x25 and 5 minute HT		40 minute matches 2x20 in 1hr timeslot 2 minute HT		Tournament Format
	Time Outs	x1 Each Half (only applicable for full games)				1 timeout per match
	Ball Size	Size 1	Size 2	Size 0	Size 1	Size 0
	Defensive restrictions	Can play any Defense System (exception of 6:0 / 5:1 or any individual man marking.)				Man to Man marking

2.6 Allocation of Points (Tournament)

- 2.61** Points will be allocated based on the number of teams entered and when you finished in that round. i.e., 10 teams - the top team gets 10 points with the bottom team getting 1 point. This will be done using the maximum number of teams who took part in any one round i.e., 12 teams entered in round 3 then rounds 1 and 2 would be adjusted to reflect this.

SECTION 3

SENIOR SCOTTISH CUP

SECTION 3 – SENIOR SCOTTISH CUP

3.1 General Rules

- 3.11** All matches shall be played in accordance with the rules and regulations of the IHF (International Handball Federation) accept in the Instances of National Association amendments etc.
- 3.12** All Matches will be played to a finish on the day, in the event of a draw the result will be decided in the following way:
- Quarter Finals:** 7 Metre Shoot out
- Semi Finals:** Extra Time (2x5 Minutes – with 1 minute break) 7 Metre Shoot out if required.
- Finals:** Extra Time (2x5 Minutes – 1 minute break), this will be repeated if still a draw. 7 metre shoot out to follow, if required. Sudden death shoot out to follow, if required.

3.2 Team Registration

- 3.21** All Clubs must have submitted a club registration form to Scottish Handball prior to entering.
- 3.22**
- 3.23** Entry into Scottish Cup is set at £75.
- 3.24** Players are only able to participate with one team within the Scottish Cup.
- 3.25** Non SHA League teams are able to participate in the Scottish Cup. Only players in such teams may register using the Scottish Cup Membership.

3.3 Player Eligibility

- 3.31** All players & team officials must be registered with Scottish Handball via Playwaze no later than 23:59 the day before the match is due to take place.
- 3.32** Players must meet the minimum age requirement for their respective competition No players can be registered after the Semi Finals of the competition
- 3.33** have been completed.
Any player requiring a International Transfer Certificate (ITC) must attain this prior
- 3.34** to participating in any SHA sanctioned competition.
Clubs will be invoiced for their entry fee costs & any associated hall hire costs
- 3.35** No player serving a suspension is entitled to participate as a player or match
- 3.36** official of the club for the duration of their suspension in any SHA sanctioned activity.

3.4 Hosting Responsibilities

- 3.41** The SHA will take on all responsibility for hosting of the Scottish Cup Finals Competitions.
- 3.42** Clubs may be asked to support with table officials during the Cup Competitions.
- 3.43** There will be no cost to clubs for the Scottish Cup Final

SECTION 4

YOUTH SCOTTISH CUP

SECTION 4 – YOUTH SCOTTISH CUP

4.1 General Rules

- 4.11 All matches shall be played in accordance with the rules and regulations of the IHF (International Handball Federation) except in the Instances of National Association amendments etc.
- 4.12 The Youth Scottish Cup will be played in a single round league format where the top two teams will progress into the final for each age group.
- 4.13 All Matches will be played to a finish on the day, in the event of a draw the result will be decided in the following way:

Finals: Extra Time (2x5 Minutes – 1 minute break), this will be repeated if still a draw. 7 metre shoot out to follow, if required. Sudden death shoot out to follow, if required.

4.2 Team Registration

- 4.21 All Clubs must have submitted a club registration form to Scottish Handball prior to entering.
- 4.22 Entry into Youth Scottish Cup is set at £75.
- 4.23 Players are only able to participate with one team within the Scottish Cup.
- 4.24 Hall Hire costs will be split between participating teams
- 4.25 Teams will qualify for the Final through their respective qualifier days

4.3 Player Eligibility

- 4.31 All players & team officials must be registered with Scottish Handball via Playwaze no later than 23:59 the day before the match is due to take place.
- 4.32 Players must meet the minimum age requirement for their respective age-group
- 4.33 Clubs will be invoiced for their entry fee costs & any associated hall hire costs
- 4.34 No player serving a suspension is entitled to participate as a player or match official of the club for the duration of their suspension in any SHA sanctioned activity.

4.4 Hosting Responsibilities

- 4.41 The SHA will take on all responsibility for hosting of the Scottish Cup Finals Competitions.
- 4.42 Clubs may be asked to support with table officials during the Cup Competitions.
- 4.43 There will be no cost to clubs for the Scottish Cup Final

APPENDICES

5. APPENDIX 1

5.1 Club Sanctions

Please note that each case will be judged on its own merit and that the SHA Competitions Group (CG) have the right to impose greater sanction if they deem that this may be required. For any incident not listed below the appropriate disciplinary process shall be undertaken.

Action	Minimum sanction to be applied
Playing a ineligible player	Team will forfeit the match – with either the result standing or 10 v 0, whichever is greater.
* Playing with more than 4 players from the age group below	* Team will forfeit the match – with either the result standing or 10 v 0, whichever is greater.
Misconduct of players out with the playing court	Official report submitted to the SHA CG for potential disciplinary action against the club in question
Misconduct of spectators identified from your club	Verbal Warning to responsible team official / Official report submitted to the SHA CG for potential disciplinary action against the club in question
Non attendance to fixture or late to game	Team will forfeit the match 10 v 0
Failure to submit team sheets on time	Warning to responsible team official / Official report submitted to the SHA CG for potential disciplinary action against the club in question
Non Attendance / Cancellation of fixture	All court costs to be covered by club in question
Failure to provide the relevant table officials for home matches	Report Submitted to SHA CG to consider disciplinary actions against the club
Failure to provide appropriate equipment for the match as listed	Report Submitted to SHA CG to consider disciplinary actions against the club

* Only applicable for Youth Competition

6 APPENDIX 2

6.1 Player Sanctions

Please note that each case will be judged on its own merit and that the SHA Competitions Group (CG) have the right to impose greater sanction if they deem that this may be required. For any incident not listed below the appropriate disciplinary process shall be undertaken.

Action	Minimum sanction to be applied
Direct Red Card – Without Report	Player will automatically miss the next game.
Direct Red Card – With Report	Player will automatically miss the next game, SHA CG will decide on further sanction.*
Misconduct by a player towards a opposition team – if players club is not participating within these match	Official report submitted to the SHA CG for potential disciplinary action against the club in question
Misconduct by players towards match referees after the game has been completed.	Official report submitted to the SHA CG for potential disciplinary action against the player in question
Non attendance to fixture or late to game	Team will forfeit the match 10 v 0

*In a tournament-based format an ad-hoc Competitions Group will be formed to review appeals

7. APPENDIX 3

7.1 Penalties

Action	Fine
Playing a player without an ITC	£100 per player
Cancellation of Senior League Match less than 2 weeks before match	Full Hall cost plus £50 fine
Cancellation of Senior Cup Match less than 2 weeks before	Full Hall cost plus £50 fine
Playing a Non-Registered Player	£50 per player
Withdrawing from a Youth Competition with less than 2 weeks' notice	Club share of the hall costs
Failure of final two teams to clean the floor with at least 7 players from each team	£50 per player

*In a tournament-based format an ad-hoc Competitions Group will be formed to review appeals

8. APPENDIX 4

8.1 Scotland Player Eligibility for British Handball Super Cup

- 5.41** Players must have played in at least one league match for the participating team in advance of the British Handball Super Cup.
- 5.42** All players competing must be registered with Scottish Handball via Playwaze before 23:59 the day prior to participating in any SHA sanctioned competition
- 5.43** Any player requiring an International Transfer Certificate (ITC) must attain this prior to participating in any SHA sanctioned competition.



COMPETITION

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